

*I am  
the  
bread  
of  
life.*



In the order of service, the words that are spoken by a leader are in regular type.

**Words spoken by the assembly are in boldface type.**

For music, the words will be sung by the cantor and musicians **while the congregation hums.** (You may sing if vaccinated and masked.)

*Instructions for in-person worship.*

- ) Keep your mask on at all times, except when receiving communion.*
- ) For hymns, you are invited to pray the words and hum the music.*
- ) If you are vaccinated, you are safe to sing when wearing a mask.*
- ) Enjoy the presence of one another as we “speak the peace,” wave, smile, make the sign of the Cross. Please do not embrace, hug, kiss, or elbow-bump anyone but for immediate family members you are seated with.*
- ) Please do not attend worship if you are currently sick with any of the following symptoms: fever, cough, sore throat, shortness of breath, nausea, or diarrhea.*
- ) Please do not attend worship if you had close personal contact with anyone who has been diagnosed or is awaiting test results for COVID-19 in the past 14 days.*
- ) Notify the Church Office if you receive a positive COVID-19 test result within 7 days of attending a worship service. Your name will be kept anonymous unless required for reporting to the Department of Health.*

# *Tenth Sunday* *after Pentecost*

*Sunday, August 1, 2021 • 8:15 a.m. and 10:45 a.m.*

Prelude

Welcome and Announcements

Invocation

In the name of the Father,  
and of the + Son,  
and of the Holy Spirit.

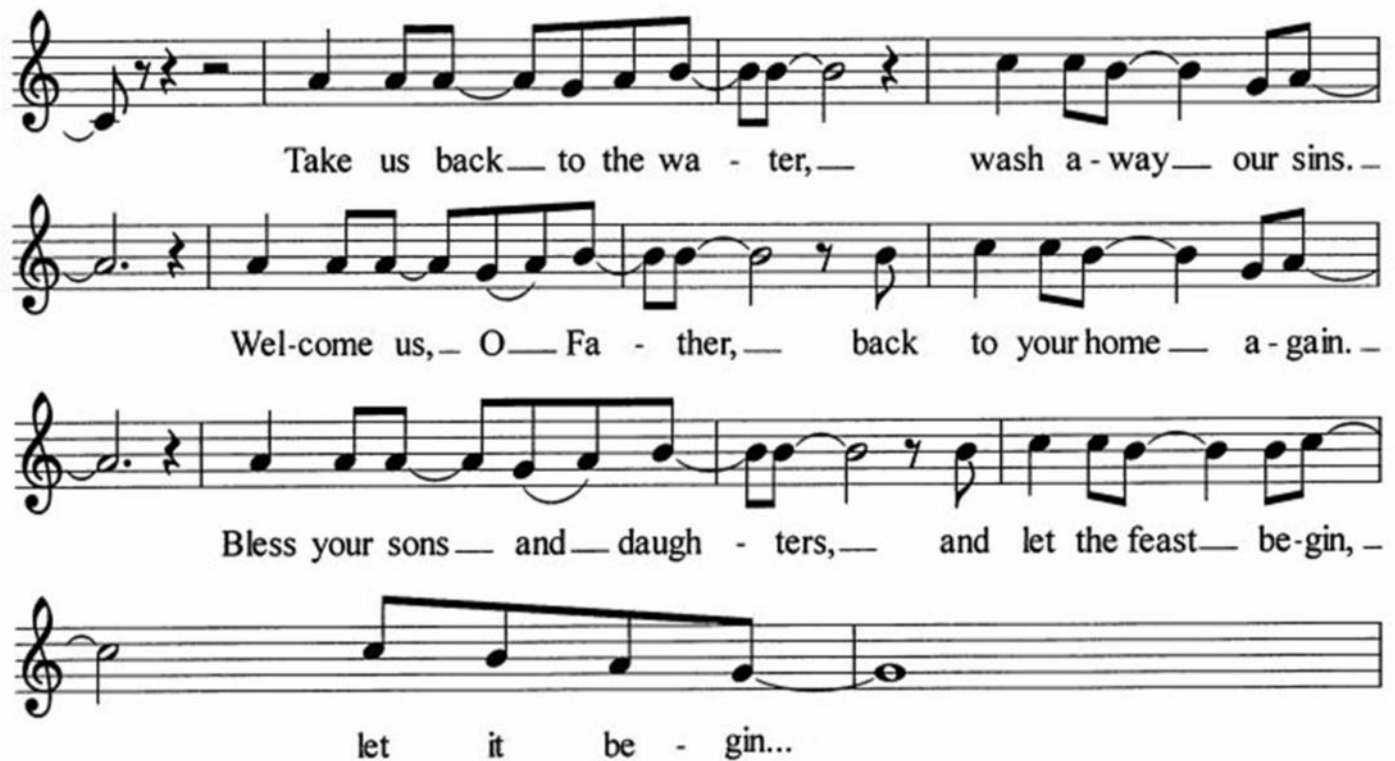
**Amen.**

# Confession and Forgiveness

True Vine Music / Michael A. Schmid

The musical score is written for a single voice part in 4/4 time. It consists of seven staves of music. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 4/4 time signature. The melody is composed of eighth and quarter notes, with some rests. The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The second staff continues the melody and lyrics. The third staff also continues the melody and lyrics. The fourth staff continues the melody and lyrics. The fifth staff continues the melody and lyrics. The sixth staff begins with a first ending bracket labeled '1.' and a second ending bracket labeled '2.'. The seventh staff continues the melody and lyrics. The overall mood is solemn and reflective, typical of a hymn or worship song.

I con - fess to you, — O — Lord, that I have sinned. — I con -  
fess to you, — O — Lord, that I have sinned. — I con -  
fess to you, — O — Lord, all my sin with - in. — I have  
fess to you, — O — Lord, all my sin with - in. — I have  
failed to live for you — in the things I say and  
placed my - self a - bove, — and have hurt the ones I  
do, — and have fall - en short — of liv - ing in — your love. —  
love, — and I know that on - ly you — can set — me free. —  
1. I con - Lord, have mer - cy — on — me. — Lord have  
2. mer - cy — set me free. — O for - give me, Lord, I pray, and —  
take my sin a - way, by the cross and emp - ty grave for my soul. —



*The pastor declares the absolution over instrumental music.*

**You take us back to the water. You wash away our sins.  
You welcome us, O Father, back to your home again.  
You bless your sons and daughters.  
Now let the feast begin, let it begin.**

**Lord, your mercy covers me.  
Lord, your mercy has set me free.  
You've forgiven me today, and my sins are washed away,  
by the cross and empty grave for my soul.**

# Greeting

The grace of our Lord Jesus Christ,  
the love of God,  
and the communion of the Holy Spirit  
be with you all.

**And also with you.**

## Gathering Hymn • “Welcome Table”

*All Creation Sings 969*



1 I'm a-goin'-a eat at the wel - come ta - ble,  
2 I'm a-goin'-a feast on milk . . . and hon - ey,  
3 I'm a-goin'-a wade 'cross Jor - dan's riv - er,



I'm a-goin'-a eat at the wel-come ta - ble, some of these days.  
I'm a-goin'-a feast on milk . . . and hon-ey, some of these days.  
I'm a-goin'-a wade 'cross Jor - dan's riv - er, some of these days.



I'm a-goin'-a eat at the wel - come ta - ble,  
I'm a-goin'-a feast on milk . . . and hon - ey,  
I'm a-goin'-a wade 'cross Jor - dan's riv - er,



I'm goin' - a eat at the wel - come ta - ble, some of these days.  
I'm goin' - a feast on milk . . . and hon - ey, some of these days.  
I'm goin' - a wade 'cross Jor - dan's riv - er, some of these days.

# Prayer of the Day

*From Luther's Small Catechism, first article of the Creed*

Gracious God,  
you have created us together with all that exists.  
You have given and still preserve our bodies and souls.  
Daily and abundantly, you provide  
shoes and clothing, food and drink, house, spouse,  
children, farm, field, livestock, and all property,  
along with all the necessities and nourishment  
for our body and life.

**Lord, you do all this  
out of pure, parental,  
divine goodness and mercy  
without any merit or worthiness  
of our own at all!  
Amen.**

# First Reading

A reading from Exodus.

## Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the Lord said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the Lord, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the Lord has given you to eat.

The Word of the Lord.

**Thanks be to God.**



# Psalm 78 • “The Lord Gave Them Bread”

*Lyric Psalter, OneLicense #97877*

*Cantor sings refrain; **then all repeat.** Cantor sings verses.*

The Lord gave them bread from  
heav - en. The Lord gave them  
bread from heav - en.

The things we have heard and understood,  
the things our fathers have told us,  
we will tell to the next generation:  
the glories of the Lord and his might,  
and the marvelous deeds he has done.

**Refrain.**

He commanded the clouds above,  
and opened the gates of heaven.  
He rained down manna to eat,  
and gave them bread from heaven.

**Refrain.**

Man ate the bread of angels.  
He sent them abundance of food.  
So he brought them to his holy land,  
to the mountain his right hand had won.

**Refrain.**

# Second Reading

A reading from the letter to the Ephesians.

## Ephesians 4:1-7, 11-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

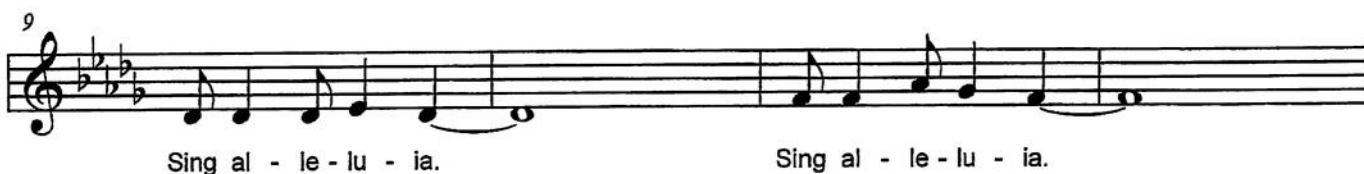
But each of us was given grace according to the measure of Christ's gift. The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord.

**Thanks be to God.**

# Gospel Acclamation • "Sing Alleluia"

Chuck Marohnic



# Gospel

The Holy Gospel according to John.

**Glory to you, O Lord.**

John 6:24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

The Gospel of our Lord.

**Praise to you, O Christ.**

# Sermon

Pastor Kim Latterell.

*Silence for reflection and self-examination.*

# Hymn of the Day • “What Feast of Love”

*Evangelical Lutheran Worship 487*



- 1 What feast of love is of - fered here, what ban-quet come from heav - en?
- 2 What light of truth is of - fered here, what cov - e - nant from heav - en?
- 3 What wine of love is of - fered here, what crim-son drink from heav - en?



What food of ev - er - last-ing life, what gra - cious gift is giv - en?  
What hope of ev - er - last-ing life, what won-drous word is giv - en?  
What stream of ev - er - last-ing life, what pre - cious blood is giv - en?



This, this is Christ the king, the bread come down from heav - en.  
This, this is Christ the king, the sun come down from heav - en.  
This, this is Christ the king, the sweet - est wine of heav - en.



Oh, taste and see and sing! How sweet the man - na giv - en!  
Oh, see and hear and sing! The Word of God is giv - en!  
Oh, taste and see and sing! The Son of God is giv - en!

# Apostles' Creed

Together, we confess our faith.

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the power of the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

# Prayers of the Church

*From Psalms 56, 63, 64, 66 (italicized)*

We pray for all in need:

Gracious God, *you keep count of our nightly tossings; you put our tears in your bottle. Are they not in your record?* In times of challenge and heartbreak, times of terror and fear, hear us when we call.

**This we know, that God is for us!**

Gracious God, *when we think of you on our bed and meditate on you in the watches of the night, you have been our help.* In times of pandemic and times of division, times of bitterness and pain, hear us when we call. (We pray for...)

**This we know, that God is for us!**

Gracious God, *deliver us from the secret plots of the wicked, who whet their tongues like swords, who aim bitter words like arrows, shooting suddenly and without fear, holding fast to their evil purposes.* In times of political strife and unending challenge, times of heated passions and growing violence, hear us when we call.

**This we know, that God is for us!**

God of mercy, *by awesome deeds you deliver us. You visit the earth and water it, providing people with grain, softening it with showers and blessing each growth.* In times of climate change, drought and fire, loss and despair, remember your deeds and hear our prayer.

**This we know, that God is for us! Come and see what God can do! God truly listens and gives heed to the words of our prayer!**

*God, be gracious to us and bless us, and make your face to shine upon us.*

**Amen.**

# Sharing of the Peace

The peace of Christ be with you always.

**And also with you.**

## Offering

We give to the Lord of our tithes and offerings.

*You can mail an offering to:*

Mountain View Lutheran Church  
3505 - 122nd Ave E  
Edgewood WA 98372

*Ways that you can give electronically:*

### TEXT

- )] Text “Give” to 253-292-9599.
- )] You will be sent a message to (a) text your giving amount and/or (b) set up recurring giving.

### ONLINE via the MVLC WEBSITE

- )] Visit [www.mtviewlutheran.org](http://www.mtviewlutheran.org).
- )] Hover over the “GIVE” dropbox.
- )] Choose “Make a Donation via Bank Account” or “Make a Donation via Credit/Debit Card.”
- )] Fill out all information on the page and then click the blue “GIVE” button.
- )] If you want it to remember your information, visit “SIGN IN” and create an account.
- )] NOTE: Online giving is a one-time gift unless you check “Make this Gift Recurring.”

*For those worshiping in person, you can leave your offering in the offering box at the back of the Sanctuary near the font, either upon entry to worship or as you depart.*



# Offering Prayer

*From Psalm 91 (italicized)*

*Lord, you are our refuge and strength, our God in whom we trust. When we call to you, you will answer. You will be with us in times of trouble. You will rescue us and show us your saving grace.*

**We live in the shelter of the Most High and abide in the shadow of the Almighty! Amen.**

## Great Thanksgiving

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

We give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

It is right, our duty and our joy,  
at all times and in all places  
to give thanks and praise to you, almighty and merciful God,  
through our Savior Jesus Christ;

who on this day overcame death and the grave,  
and by his shocking resurrection  
opened to us all the way of everlasting life.

And so, with all the choirs of angels,  
with the church on earth and the hosts of heaven,  
we praise your name and join their unending hymn:

# Sanctus • "Santo, Santo, Santo"

*Evangelical Lutheran Worship 473*

***Sing in Spanish first time and in English second time.***



San - to, san - to, san - to, mi co - ra-zón te\_a - do - ra.  
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you.



Mi co - ra-zón te sa - be de-cir: San - to\_e-res Se - ñor.  
My heart is glad to say the words: You are ho - ly, God.

## Words of Institution

# Lord's Prayer

Lord, remember us in your kingdom and teach us to pray:

**Lord, give us today our daily bread.**

What does this mean?

**In fact, God gives daily bread without our prayer,  
even to all evil people,  
but we ask in this prayer that God cause us  
to recognize what our daily bread is  
and to receive it with thanksgiving.**

What then does “daily bread” mean?

**Everything included in the necessities  
and nourishment for our bodies,  
such as food, drink, clothing, shoes,  
house, farm, fields, livestock, money, property,  
an upright spouse, upright children,  
upright members of the household,  
upright and faithful rulers, good government,  
good weather, peace, health, decency, honor,  
good friends, faithful neighbors, and the like.  
Amen.**

## Communion

Christ has set the table  
with more than enough for all.

Come!

# Distribution

*All baptized Christians are welcome to receive the body and blood of Jesus Christ. If you are unable to come forward for communion, then please let an usher know and you will be served where you are seated. If gluten-free wafers are required for health reasons, then please ask the pastor serving communion for a wafer.*

## Lamb of God • “Now Behold the Lamb”

*Evangelical Lutheran Worship 341*



1 Now be - hold the Lamb, the pre - cious Lamb of God, who  
2 Ho - ly is the Lamb, the pre - cious Lamb of God. Why  
3 Thank you for the Lamb, the pre - cious Lamb of God. Be-



bore all my sin, that I may live a - gain: the pre-cious Lamb of God.  
you love me so, Lord, I shall nev - er know; the pre-cious Lamb of God.  
cause of your grace I can fin - ish the race; the pre-cious Lamb of God.

# Communion Song • "I Am the Bread of Life"

Evangelical Lutheran Worship 485



1 "I am the Bread of life. You who  
2 "The bread that . . . I will give is my  
3 "Un - less . . . . . you . . . . . eat of the  
4 "I am the res - ur - rec - tion, . . . . .  
5 Yes, Lord, . . . . . I be - lieve that . . .



come to me shall not the hun - ger, and who be -  
flesh for the life of the world, . . . . . and if you  
flesh of the Son of Man . . . . . and . . .  
I . . . . . am the life. . . . . If you be -  
you . . . . . are the Christ, . . . . . the . . .



lieve in me shall not thirst. No one can come to  
eat . . . . . of this bread, you shall . . live for -  
drink . . . . . of his blood, and drink . . . . . of his  
lieve . . . . . in . . . me, e - ven . . though you  
Son . . . . . of . . . God, who . . . . . have . . .



me un - less the Fa - ther beck - ons."  
ev - er, . . . . . you shall live for - ev - er."  
blood, you shall not have life with - in you."  
die, . . . . . you shall live for - ev - er."  
come in - to . . . . . the . . . . . world. . . .

*Refrain*

All



"And I will raise you up, and I will raise you up,



and I will raise you up on the last day."

# Communion Song • “Eat This Bread”

*Evangelical Lutheran Worship 472*

*Refrain*

“Eat this bread, drink this cup, come to me and nev - er be hun - gry.

Eat this bread, drink this cup, trust in me and you will not thirst.”

## Prayer after Communion

Jesus, Bread of life,  
we have received from your table  
more than we could ever ask.  
As you have nourished us in this meal,  
now strengthen us to love the world with your own life.  
In your name we pray.  
**Amen.**

# Deacon Sending

Deacons are called to “make Christ  
and his redemptive love known by word and example.”

Such love is expressed in the extension of Holy Communion  
to those who are homebound or hospitalized,  
and often lonely as well.

*Deacons for the week are named.*

O God of tender compassion,  
**as you healed the sick and welcomed the stranger, bless those  
who leave this assembly to share the gifts of this table with our  
sisters and brothers who are sick or homebound, that they be  
sustained by the love and prayers of this community, and by the  
Bread of life that satisfies all hunger, Jesus Christ our Lord.  
Amen.**

# Blessing

The blessing of God,  
who provides for us, feeds us, and journeys with us,  
+ be upon you now and forever.

**Amen.**

# Sending Hymn • “Guide Me Ever, Great Redeemer”

*Evangelical Lutheran Worship 618*



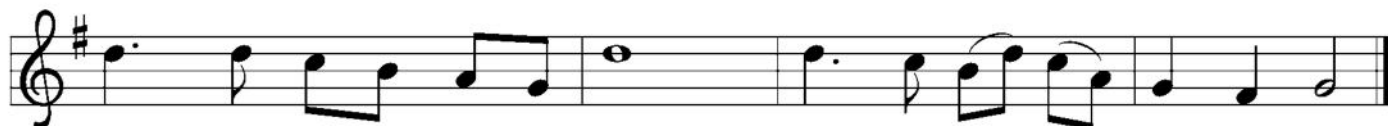
1 Guide me ev - er, great Re - deem - er, pil - grim through this  
2 O - pen now the crys - tal foun - tain where the heal - ing  
3 When I tread the verge of Jor - dan, bid my anx - ious



bar - ren land. I am weak, but you are might - y; hold me  
wa - ters flow; let the fire and cloud - y pil - lar lead me  
fears sub - side; death of death and hell's de - struc - tion, land me



with your pow'r - ful hand. Bread of heav - en, bread of heav - en,  
all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,  
safe on Ca - naan's side. Songs and prais - es, songs and prais - es



feed me now and ev - er - more, feed me now and ev - er - more.  
shield me with your might - y arm, shield me with your might - y arm.  
I will raise for - ev - er - more, I will raise for - ev - er - more.



# Sending

Go in peace. You are the body of Christ.

**Thanks be to God.**

# Postlude

*Flowers on the altar today are given to the glory of God  
by Joe and Rosemarie Anderson  
in honor of their 62nd wedding anniversary.*

# Worship Attendance

*For those participating in worship from home,  
please register your worship attendance online at  
[www.mtviewlutheran.org/worshipattendance](http://www.mtviewlutheran.org/worshipattendance)*

*Please submit prayer requests online at  
[www.mtviewlutheran.org/prayerrequest](http://www.mtviewlutheran.org/prayerrequest)*

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Worship leaders include:

*Both services*

- ) PREACHER/PRESIDER: Pastor Kim Latterell.
- ) DIRECTOR of MUSIC MINISTRIES: Susan Bloomfield.
- ) VIDEOGRAPHER: David Burch.
- ) ALTAR GUILD: Jennifer Gray, Flora Larson, Diane Nelson, Helen Oren.

## **MOUNTAIN VIEW LUTHERAN CHURCH**

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